

**KONTRIBUSI *ACADEMIC BURNOUT* DAN DUKUNGAN SOSIAL
TERHADAP *ACADEMIC ENGAGEMENT* PADA MAHASISWA
UBP KARAWANG**

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ABSTRAK

Permasalahan dalam penelitian ini adalah tingginya angka mahasiswa *droupout* di UBP Karawang, sehingga peneliti melakukan penelitian yang bertujuan mengetahui kontribusi antara *academic burnout* dan dukungan sosial terhadap *academic engagement* pada Mahasiswa UBP Karawang. Penelitian dilakukan dengan metode penelitian kuantitatif dengan cara menyebarkan kuesioner. Subjek penelitian ini berjumlah 420 responden. Pada penelitian ini menggunakan variabel terikat yaitu *academic burnout*, dukungan sosial, dan variabel bebas yaitu *academic engagement*. Metode pengambilan data menggunakan *quota sampling*. *Quota sampling* adalah teknik menentukan jumlah sampel dari populasi yang memiliki ciri-ciri tertentu hingga tercapai jumlah yang diinginkan. Berdasarkan hasil regresi diperoleh signifikansi $0.000 < 0.05$ dan koefisien determinasi sebesar 0.249 atau 24.9 %. Dengan demikian hipotesis penelitian diterima yaitu ada kontribusi antara *academic burnout* dan dukungan sosial terhadap *academic engagement* pada Mahasiswa UBP Karawang.

Kata kunci: *Academic Burnout*, Dukungan Sosial, *Academic Engagement*

ACADEMIC BURNOUT AND SOCIAL SUPPORT CONTRIBUTIONS FOR ACADEMIC ENGAGEMENT AT UBP KARAWANG STUDENTS

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ABSTRACT

The problem in this study is the high number of students dropping out at UBP Karawang, so researchers conducted a study that aimed to determine the contribution between academic burnout and social support for academic engagement in UBP Karawang students. The study was conducted with quantitative research methods by distributing questionnaires. The subjects of this study were 420 respondents. In this study, the dependent variable is academic burnout, social support, and the independent variable is academic engagement. The method of retrieving data uses quota sampling. Quota sampling is a technique of determining the number of samples from a population that has certain characteristics until the desired number is reached. Based on the correlation results obtained a significance of $0.000 < 0.05$ and a determination coefficient of 0.249 or 24.9%. Thus the research hypothesis is accepted, namely there are contributions between academic burnout and social support for academic engagement in UBP students in Karawang.

Keywords: Academic Burnout, Social Support, Academic Engagement