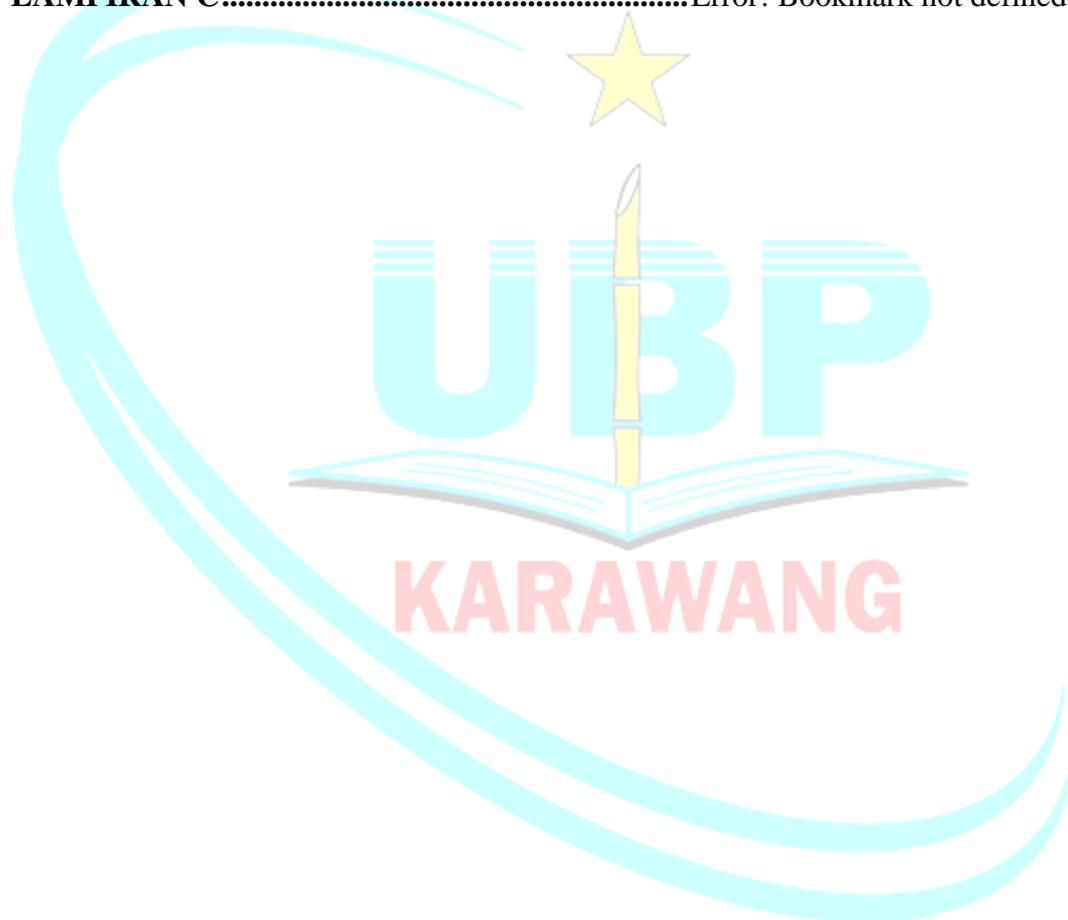


DAFTAR ISI

LEMBAR PERSETUJUAN	Error! Bookmark not defined.
LEMBAR PENGESAHAN	Error! Bookmark not defined.
LEMBAR PERNYATAAN	Error! Bookmark not defined.
ABSTRAK	Error! Bookmark not defined.
ABSTRACT	Error! Bookmark not defined.
KATA PENGANTAR.....	Error! Bookmark not defined.
DAFTAR ISI.....	ix
DAFTAR TABEL.....	xii
DAFTAR GAMBAR.....	xiii
DAFTAR LAMPIRAN.....	xiv
BAB I PENDAHULUAN	Error! Bookmark not defined.
A. Latar Belakang Masalah.....	Error! Bookmark not defined.
B. Rumusan Masalah.....	Error! Bookmark not defined.
C. Tujuan Penelitian	Error! Bookmark not defined.
D. Manfaat Penelitian.....	8
BAB II TINJAUAN PUSTAKA.....	10
A. <i>Psychological Well-Being</i>	10
1. Pengertian <i>Psychological Well-Being</i>	10
2. Aspek-aspek <i>Psychological Well-being</i>	Error! Bookmark not defined.
3. Faktor-Faktor yang Memengaruhi <i>Psychological Well-Being</i>	13
B. Stres Kerja	17
1. Pengertian Stres Kerja.....	17
2. Aspek – Aspek Stres Kerja	19
C. Kerangka Berpikir	Error! Bookmark not defined.
D. Hipotesis Penelitian.....	Error! Bookmark not defined.
BAB III METODE PENELITIAN	Error! Bookmark not defined.
A. Metode dan Desain Penelitian.....	Error! Bookmark not defined.
B. Definisi Operasional Penelitian.....	Error! Bookmark not defined.
1. <i>Psychological well being</i>	29

2. Stres kerja.....	30
C. Populasi Dan Teknik Sampel	30
D. Teknik Pengumpulan Data	Error! Bookmark not defined.
1. Skala <i>Psychological Well-being</i>	Error! Bookmark not defined.
2. Skala Stres Kerja	Error! Bookmark not defined.
E. Metode Analisis Instrumen.....	Error! Bookmark not defined.
1. Uji Analisis Aitem	Error! Bookmark not defined.
2. Uji Reliabilitas	Error! Bookmark not defined.
F. Teknik Analisis Data.....	Error! Bookmark not defined.
1. Uji Normalitas	38
2. Uji Linearitas	38
3. Uji Hipotesis	Error! Bookmark not defined.
G. Uji Analisis Data Tambahan	40
1. Uji Koefisien Determinasi	40
2. Uji Kategorisasi.....	40
BAB IV HASIL PENELITIAN DAN PEMBAHASAN	Error! Bookmark not defined.
A. Prosedur dan Pelaksanaan penelitian	Error! Bookmark not defined.
1. Orientasi Kancah Penelitian.....	Error! Bookmark not defined.
2. Populasi dan sampel penelitian	Error! Bookmark not defined.
3. Persiapan Penelitian	Error! Bookmark not defined.
B. Hasil Analisis Data.....	Error! Bookmark not defined.
1. Uji Normalitas	Error! Bookmark not defined.
2. Uji Linearitas.....	Error! Bookmark not defined.
3. Uji Hipotesis (Regresi Sederhana)	Error! Bookmark not defined.
C. Hasil Uji Analisis Tambahan	Error! Bookmark not defined.
1. Uji Koefisien Determinasi	51
2. Uji Kategorisasi.....	52
D. Pembahasan Hasil penelitian.....	Error! Bookmark not defined.

E. Pembahasan Analisis Data Tambahan	Error! Bookmark not defined.
BAB V KESIMPULAN DAN SARAN.....	57
A. Kesimpulan	Error! Bookmark not defined.
B. Saran.....	Error! Bookmark not defined.
DAFTAR PUSTAKA	Error! Bookmark not defined.
LAMPIRAN A.....	63
LAMPIRAN B	Error! Bookmark not defined.
LAMPIRAN C.....	Error! Bookmark not defined.



DAFTAR TABEL

Tabel 3.1 Skor Aitem.....	33
Tabel 3.2 <i>Blueprint Psychological Well-Being</i>	35
Tabel 3.3 <i>Blueprint Stres Kerja</i>	36
Tabel 3.4 Koefisien Kaidah <i>Guilford</i>	38
Tabel 3.5 pedoman kategorisasi.....	41
Tabel 4.1 Data Demografi Usia dan Jenis Kelamin.....	43
Tabel 4.2 <i>Blueprint Skala Psychological Well-being</i> setelah <i>try out</i>	46
Tabel 4.3 Reliabilitas Skala <i>Psychological Well-being</i>	47
Tabel 4.4 Hasil Uji Normalitas.....	48
Tabel 4.5 Hasil Uji Linearitas.....	49
Tabel 4.6 Hasil Uji Hipotesis dengan Regresi Linear Sederhana.....	50
Tabel 4.7 Hasil Uji Koefisien Determinasi.....	51
Tabel 4.8 Hasil Uji Kategorisasi Stres Kerja.....	52
Tabel 4.9 Hasil Uji Kategorisasi <i>Psychological Well-being</i>	53

DAFTAR GAMBAR

Gambar 2.1 Kerangka Berpikir Penelitian.....	26
Gambar 3.1 Rumus Sampel.....	31
Gambar 3.2 Rumus Regresi Sederhana	39
Gambar 3.3 Rumus Koefisien Determinasi.....	40



DAFTAR LAMPIRAN

Lampiran 1 Tabulasi Data Try Out Skala <i>Psychological Well-being</i>	64
Lampiran 2 Uji Validitas Skala <i>Psychological Well-being</i>	66
Lampiran 3 Uji Reliabilitas Skala <i>Psychological Well-being</i>	67
Lampiran 4 Tabulasi Data Penelitian Skala Stres Kerja.....	69
Lampiran 5 Tabulasi Data Penelitian Skala <i>Psychological Well-being</i>	73
Lampiran 6 Uji Normalitas.....	79
Lampiran 7 Uji Linieritas.....	79
Lampiran 8 Uji Hipotesis Regresi Linier Sederhana.....	80
Lampiran 9 Uji Koefisien Determinasi.....	80
Lampiran 10 Uji Kategorisasi <i>Psychological Well-being</i>	80
Lampiran 11 Uji Kategorisasi Stres Kerja.....	81
Lampiran 12 Surat izin penelitian.....	82
Lampiran 13 kuesioner Skala Penelitian.....	84
Lampiran 14 Lembar Konsultasi Bimbingan Skripsi Dosbing 1.....	90
Lampiran 15 Lembar Konsultasi Bimbingan Skripsi Dosbing 2.....	92
Lampiran 16 Daftar Riwayat Hidup.....	94

