

DAFTAR ISI

LEMBAR PERSETUJUAN

Error! Bookmark not defined.

LEMBAR PENGESAHAN

Error! Bookmark not defined.

KATA PENGANTAR

Error! Bookmark not defined.

ABSTRAK

Error! Bookmark not defined.

ABSTRACT

Error! Bookmark not defined.

DAFTAR ISI

Error! Bookmark not defined.

DAFTAR TABEL

Error! Bookmark not defined.

DAFTAR GAMBAR

Error! Bookmark not defined.

DAFTAR LAMPIRAN

Error! Bookmark not defined.

BAB I PENDAHULUAN

Error! Bookmark not defined.

1.1 Latar Belakang

Error! Bookmark not defined.

1.2 Rumusan Masalah

Error! Bookmark not defined.

1.3 Tujuan Penelitian

Error! Bookmark not defined.

1.4 Manfaat

Error! Bookmark not defined.

1.5 Batasan Masalah

Error! Bookmark not defined.

BAB II TINJAUAN PUSTAKA

Error! Bookmark not defined.

2.1 Pengertian Ergonomi

Error! Bookmark not defined.

2.2 Aktivitas Kerja Manusia

Error! Bookmark not defined.

2.3 Beban Kerja Karena Faktor Eksternal

Error! Bookmark not defined.

2.4 Beban Kerja karena Faktor Internal

Error! Bookmark not defined.

2.5 Jenis Beban Kerja

Error! Bookmark not defined.

2.6 Pengukuran Beban Kerja Mental Secara Objektif

Error! Bookmark not defined.

2.7 Pengukuran Beban Kerja Mental Secara Subjektif

Error! Bookmark not defined.

2.8 Subjective Workload Assessment Technique (SWAT)

Error! Bookmark not defined.

2.9 Penelitian Terdahulu

Error! Bookmark not defined.

2.10 Kerangka Pemikiran

Error! Bookmark not defined.

BAB III METODOLOGI PENELITIAN

Error! Bookmark not defined.

3.1 Objek Penelitian

Error! Bookmark not defined.

3.2 Prosedur Penelitian

Error! Bookmark not defined.

3.3 Instrumen penelitian

Error! Bookmark not defined.

3.4 Pengumpulan Data

Error! Bookmark not defined.

3.5 Analisa Data

Error! Bookmark not defined.

BAB IV HASIL DAN PEMBAHASAN

Error! Bookmark not defined.

4.1 Pengumpulan data

Error! Bookmark not defined.

4.2 Pengolahan Data

Error! Bookmark not defined.

4.3 Pembahasan

Error! Bookmark not defined.

BAB V PENUTUP

Error! Bookmark not defined.

5.1 Kesimpulan

Error! Bookmark not defined.

5.2 Saran

Error! Bookmark not defined.

DAFTAR PUSTAKA

Error! Bookmark not defined.

LAMPIRAN

Error! Bookmark not defined.

RIWAYAT PENULIS

Error! Bookmark not defined.