

DAFTAR ISI

LEMBAR PERSETUJUAN.....	Error! Bookmark not defined.
LEMBAR PENGESAHAN	Error! Bookmark not defined.
LEMBAR PERNYATAAN TIDAK MELAKUKAN PLAGIAT	Error! Bookmark not defined.
ABSTRAK	Error! Bookmark not defined.
<i>ABSTRACT</i>	Error! Bookmark not defined.
KATA PENGANTAR.....	Error! Bookmark not defined.
DAFTAR ISI	Error! Bookmark not defined.
DAFTAR TABEL.....	xii
DAFTAR GAMBAR	xiii
BAB I PENDAHULUAN	Error! Bookmark not defined.
A. Latar Belakang Masalah.....	Error! Bookmark not defined.
B. Rumusan Masalah	Error! Bookmark not defined.
C. Tujuan Penelitian.....	Error! Bookmark not defined.
D. Manfaat Penelitian	Error! Bookmark not defined.
BAB II TINJAUAN PUSTAKA	Error! Bookmark not defined.
A. Stres Akademik	Error! Bookmark not defined.
1. Definisi Stres Akademik.....	Error! Bookmark not defined.
2. Aspek-Aspek Stres Akademik.....	Error! Bookmark not defined.
3. Faktor-Faktor yang Memengaruhi Stres Akademik	Error! Bookmark not defined.
B. <i>Hardiness</i>	Error! Bookmark not defined.
1. Definisi <i>Hardiness</i>	Error! Bookmark not defined.
2. Aspek-Aspek <i>Hardiness</i>	Error! Bookmark not defined.
C. Dukungan Sosial	Error! Bookmark not defined.
1. Definisi Dukungan Sosial.....	Error! Bookmark not defined.
2. Aspek-Aspek Dukungan Sosial.....	Error! Bookmark not defined.
D. Kerangka Berpikir.....	Error! Bookmark not defined.
E. Hipotesis Penelitian.....	Error! Bookmark not defined.
BAB III METODE PENELITIAN.....	Error! Bookmark not defined.
A. Metode dan Desain Penelitian.....	Error! Bookmark not defined.

B. Definisi Operasional Penelitian.....	Error! Bookmark not defined.
C. Populasi, Sampel, dan Teknik Sampling.....	Error! Bookmark not defined.
1. Populasi	Error! Bookmark not defined.
2. Sampel.....	Error! Bookmark not defined.
3. Teknik Sampling.....	Error! Bookmark not defined.
D. Teknik Pengumpulan Data	Error! Bookmark not defined.
1. Skala <i>Hardiness</i>	Error! Bookmark not defined.
2. Skala Dukungan Sosial.....	Error! Bookmark not defined.
3. Skala Stres Akademik.....	Error! Bookmark not defined.
E. Metode Analisis Instrumen	Error! Bookmark not defined.
1. Uji Validitas	Error! Bookmark not defined.
2. Uji Analisis Item.....	Error! Bookmark not defined.
3. Uji Reliabilitas.....	Error! Bookmark not defined.
F. Teknik Analisis Data	Error! Bookmark not defined.
1. Uji Normalitas	Error! Bookmark not defined.
2. Uji Linearitas	Error! Bookmark not defined.
3. Uji Hipotesis (Regresi Berganda).....	Error! Bookmark not defined.
4. Uji Koefisien Determinasi	Error! Bookmark not defined.
5. Uji Kategorisasi	Error! Bookmark not defined.
BAB IV HASIL PENELITIAN DAN PEMBAHASAN	Error! Bookmark not defined.
A. Prosedur dan Pelaksanaan Penelitian	Error! Bookmark not defined.
1. Orientasi dan Kancan Penelitian	Error! Bookmark not defined.
2. Populasi dan Sampel Penelitian.....	Error! Bookmark not defined.
3. Persiapan Penelitian.....	Error! Bookmark not defined.
B. Hasil Analisis Data.....	Error! Bookmark not defined.
1. Uji Normalitas	Error! Bookmark not defined.
2. Uji Linearitas	Error! Bookmark not defined.
3. Uji Hipotesis (Regresi Berganda).....	Error! Bookmark not defined.
4. Uji Koefisien Determinasi	Error! Bookmark not defined.
5. Uji Kategorisasi	Error! Bookmark not defined.
C. Pembahasan Hasil Penelitian	Error! Bookmark not defined.

D. Pembahasan Hasil Penelitian Data Tambahan	Error! Bookmark not defined.
BAB V KESIMPULAN DAN SARAN	Error! Bookmark not defined.
A. Kesimpulan	Error! Bookmark not defined.
B. Saran.....	Error! Bookmark not defined.
DAFTAR PUSTAKA	Error! Bookmark not defined.
LAMPIRAN A	Error! Bookmark not defined.
Lampiran A.1. <i>Expert Judgement</i> Skala <i>Hardiness</i>	Error! Bookmark not defined.
Lampiran A.2. <i>Expert Judgement</i> Skala Dukungan Sosial.....	Error! Bookmark not defined.
Lampiran A.3. <i>Expert Judgement</i> Skala Stres Akademik.....	Error! Bookmark not defined.
Lampiran A.4. Tabulasi Data <i>Try Out</i> Skala <i>Hardiness (DRS-15)</i>	Error! Bookmark not defined.
Lampiran A.5. Tabulasi Data <i>Try Out</i> Skala Dukungan Sosial (<i>MSPSS</i>)... ..	Error! Bookmark not defined.
Lampiran A.6. Tabulasi Data <i>Try Out</i> Skala Stres Akademik (<i>ESSA</i>).....	Error! Bookmark not defined.
Lampiran A.7. Validitas Skala <i>Hardiness (DRS-15)</i>	Error! Bookmark not defined.
Lampiran A.8. Reliabilitas Skala <i>Hardiness (DRS-15)</i>	Error! Bookmark not defined.
Lampiran A.9. Validitas Skala Dukungan Sosial (<i>MSPSS</i>)	Error! Bookmark not defined.
Lampiran A.10. Reliabilitas Skala Dukungan Sosial (<i>MSPSS</i>).....	Error! Bookmark not defined.
Lampiran A.11. Validitas Skala Stres Akademik (<i>ESSA</i>) .	Error! Bookmark not defined.
Lampiran A.12. Reliabilitas Skala Stres Akademik (<i>ESSA</i>)....	Error! Bookmark not defined.
LAMPIRAN B	Error! Bookmark not defined.
Lampiran B.1. Tabulasi Data Penelitian Skala <i>Hardiness (DRS-15)</i>	Error! Bookmark not defined.
Lampiran B.2. Tabulasi Data Penelitian Skala Dukungan Sosial (<i>MSPSS</i>).....	Error! Bookmark not defined.

Lampiran B.3. Tabulasi Data Penelitian Skala Stres Akademik (<i>ESSA</i>)....	Error! Bookmark not defined.
Lampiran B.4. Uji Normalitas Data Penelitian ..	Error! Bookmark not defined.
Lampiran B.5. Uji Linearitas <i>Hardiness</i>	Error! Bookmark not defined.
Lampiran B.6. Uji Linearitas Dukungan Sosial ..	Error! Bookmark not defined.
Lampiran B.7. Uji Parsial (Uji T).....	Error! Bookmark not defined.
Lampiran B.8. Uji Simultan (Uji F)	Error! Bookmark not defined.
Lampiran B.9. Uji Koefisien Dterminasi	Error! Bookmark not defined.
Lampiran B.10. Uji Kategorisasi.....	Error! Bookmark not defined.
LAMPIRAN C	Error! Bookmark not defined.
Lampiran C.1. Surat Izin Penelitian <i>Try Out</i>	Error! Bookmark not defined.
Lampiran C.2. Surat Balasan Izin Penelitian <i>Try Out</i>	Error! Bookmark not defined.
Lampiran C.3. Surat Izin Penelitian	Error! Bookmark not defined.
Lampiran C.4. Surat Izin Penelitian	Error! Bookmark not defined.
Lampiran C.5. Skala Penelitian <i>Hardiness (DRS-15)</i>	Error! Bookmark not defined.
Lampiran C.5. Skala Penelitian Dukungan Sosial (<i>MSPSS</i>)...	Error! Bookmark not defined.
Lampiran C.6. Skala Penelitian Stres Akademik (<i>ESSA</i>). ..	Error! Bookmark not defined.
Lampiran C.7. Lembar Bimbingan Tugas Akhir Dosen Pembimbing I.....	Error! Bookmark not defined.
Lampiran C.8. Lembar Bimbingan Tugas Akhir Dosen Pembimbing II....	Error! Bookmark not defined.
DAFTAR RIWAYAT HIDUP	Error! Bookmark not defined.

DAFTAR TABEL

Tabel 3. 1 Alternatif Jawaban.....	Error! Bookmark not defined.
Tabel 3. 2 Blue Print Hardiness.....	Error! Bookmark not defined.
Tabel 3. 3 Alternatif Jawaban.....	Error! Bookmark not defined.
Tabel 3. 4 Blue Print Dukungan Sosial	Error! Bookmark not defined.
Tabel 3. 5 Alternatif Jawaban.....	Error! Bookmark not defined.
Tabel 3. 6 Blue Print Stres Akademik	Error! Bookmark not defined.
Tabel 3. 7 Interpretasi Guilford.....	Error! Bookmark not defined.
Tabel 3. 8 Kategorisasi	Error! Bookmark not defined.
Tabel 4. 1 Skala Hardiness (DRS-15) Setelah Try Out	Error! Bookmark not defined.
Tabel 4. 2 Skala Dukungan Sosial (MSPSS) Setelah Try Out	Error! Bookmark not defined.
Tabel 4. 3 Skala Stres Akademik (ESSA) Setelah Try Out ..	Error! Bookmark not defined.
Tabel 4. 4 Reliabilitas Skala Hardiness (DRS-15) .	Error! Bookmark not defined.
Tabel 4. 5 Reliabilitas Skala Dukungan Sosial (MSPSS)	Error! Bookmark not defined.
Tabel 4. 6 Reliabilitas Skala Stres Akademik (ESSA)	Error! Bookmark not defined.
Tabel 4. 7 Uji Normalitas	Error! Bookmark not defined.
Tabel 4. 8 Uji Linearitas Hardiness	Error! Bookmark not defined.
Tabel 4. 9 Uji Linearitas Dukungan Sosial	Error! Bookmark not defined.
Tabel 4. 10 Uji Parsial (Uji T).....	Error! Bookmark not defined.
Tabel 4. 11 Uji Simultan (Uji F)	Error! Bookmark not defined.
Tabel 4. 12 Uji Koefisien Determinasi.....	Error! Bookmark not defined.
Tabel 4. 13 Pengaruh Masing-Masing Variabel Independent dengan Variabel Dependent	Error! Bookmark not defined.
Tabel 4. 14 Kategorisasi Stres Akademik	Error! Bookmark not defined.
Tabel 4. 15 Kategorisasi Hardiness	Error! Bookmark not defined.
Tabel 4. 16 Kategorisasi Dukungan Sosial	Error! Bookmark not defined.

DAFTAR GAMBAR

- Gambar 2. 1 Kerangka Berpikir **Error! Bookmark not defined.**
Gambar 3. 1 Rumus penentuan sampel Slovin
Error! Bookmark not defined.
Gambar 3. 2 Hasil sampel berdasarkan rumus Slovin **Error! Bookmark not defined.**
defined.
Gambar 3. 3 rumus Aiken's V **Error! Bookmark not defined.**
Gambar 3. 4 Rumus Regresi Berganda **Error! Bookmark not defined.**
Gambar 3. 5 Rumus Koefisien Determinasi **Error! Bookmark not defined.**

