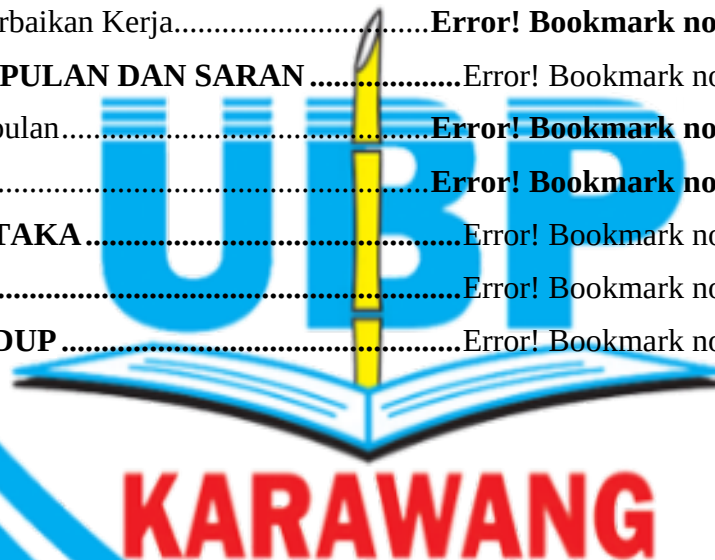


DAFTAR ISI

LEMBAR PERSETUJUAN	Error! Bookmark not defined.
LEMBAR PENGESAHAN	Error! Bookmark not defined.
LEMBAR PERNYATAAN	Error! Bookmark not defined.
KATA PENGANTAR.....	Error! Bookmark not defined.
ABSTRAK	Error! Bookmark not defined.
ABSTRACT.....	Error! Bookmark not defined.
DAFTAR ISI.....	ix
DAFTAR TABEL	xii
DAFTAR GAMBAR.....	xiii
DAFTAR LAMPIRAN	xiv
BAB I PENDAHULUAN.....	Error! Bookmark not defined.
1.1 Latar Belakang	Error! Bookmark not defined.
1.2 Rumusan Masalah	Error! Bookmark not defined.
1.3 Tujuan.....	Error! Bookmark not defined.
1.4 Manfaat.....	Error! Bookmark not defined.
1.5 Batasan Masalah.....	Error! Bookmark not defined.
BAB II TINJAUAN PUSTAKA.....	Error! Bookmark not defined.
2.1 Ergonomi.....	Error! Bookmark not defined.
2.2 Ruang Lingkup Ergonomi	Error! Bookmark not defined.
2.3 Pendekatan kontrol Ergonomi	Error! Bookmark not defined.
2.4 Sistem Musculoskeletal Manusia	Error! Bookmark not defined.
2.4.1 Fungsi sistem musculoskeletal.....	Error! Bookmark not defined.
2.4.2 Sistem Otot Manusia	Error! Bookmark not defined.
2.4.3 Tulang	Error! Bookmark not defined.
2.4.4 Otot.....	Error! Bookmark not defined.
2.4.5 Ligamen dan Tendon.....	Error! Bookmark not defined.
2.4.6 Kolagen	Error! Bookmark not defined.
2.4.7 Sendi.....	Error! Bookmark not defined.
2.5 Musculoskeletal Disorders (MSDs)	Error! Bookmark not defined.
2.6 Faktor-Faktor Risiko Gangguan <i>Musculoskeletal</i> .	Error! Bookmark not defined.
2.7 Postur Tubuh	Error! Bookmark not defined.

2.8	Metode Penilaian Keluhan pada Sistem <i>Musculoskeletal</i>	Error! Bookmark not defined.
2.8.1	Ovako Work Posture Anaysis System (OWAS). Error! Bookmark not defined.	
2.8.2	Nordic Body Map	Error! Bookmark not defined.
2.9	Kerangka Pemikiran	Error! Bookmark not defined.
2.10	Penelitian Terkait	Error! Bookmark not defined.
BAB III METODOLOGI PENELITIAN		Error! Bookmark not defined.
3.1	Objek Penelitian	Error! Bookmark not defined.
3.2	Prosedur Penelitian	Error! Bookmark not defined.
3.3	Jenis Penelitian	Error! Bookmark not defined.
3.4	Jenis dan Sumber Data	Error! Bookmark not defined.
3.5	Langkah langkah penelitian	Error! Bookmark not defined.
3.6	Pengambilan atau Pengumpulan Data	Error! Bookmark not defined.
3.7	Teknik Pengolahan Data	Error! Bookmark not defined.
3.7.1	Penentuan Skor <i>Nordic Body Map</i>	Error! Bookmark not defined.
3.7.2	Penentuan Skor OWAS	Error! Bookmark not defined.
3.7	Analisis Data	Error! Bookmark not defined.
BAB IV HASIL DAN PEMBAHASAN		Error! Bookmark not defined.
4.1	Gambaran Umum Perusahaan	Error! Bookmark not defined.
4.1.1	Visi dan Misi Perusahaan	Error! Bookmark not defined.
4.2	Struktur Organisasi	Error! Bookmark not defined.
4.2.1	Gambaran Umum Departemen <i>Welding</i>	Error! Bookmark not defined.
4.3	Pengumpulan Data	Error! Bookmark not defined.
4.3.1	Observasi Pendahuluan	Error! Bookmark not defined.
4.3.2	Pengambilan Data OWAS	Error! Bookmark not defined.
4.3.3	Pengambilan Data <i>Nordic Body Map</i> (NBM)	Error! Bookmark not defined.
4.4	Analisa dan Pembahasan	Error! Bookmark not defined.
4.4.1	Deskripsi Data Umur Operator Produksi Welding	Error! Bookmark not defined.
4.4.2	Deskripsi Masa Kerja Operator Produksi Welding	Error! Bookmark not defined.

4.4.3 Deskripsi Data Hasil Pengukuran OWAS.....	Error! Bookmark not defined.
4.4.4 Deskripsi Data Penelitian <i>Nordic Body Map</i> (NBM)	Error! Bookmark not defined.
4.4.5 Deskripsi Data Penelitian OWAS dan NBM	Error! Bookmark not defined.
4.4.6 Uji Korelasi Usia terhadap Gangguan Otot Skeletal..	Error! Bookmark not defined.
4.4.7 Hasil Uji Korelasi Usia Terhadap Keluhan Otot Skeletal.....	Error! Bookmark not defined.
4.4.8 Uji Korelasi Masa Kerja terhadap Gangguan Otot Skeletal	Error! Bookmark not defined.
4.5 Usulan Perbaikan Kerja.....	Error! Bookmark not defined.
BAB V KESIMPULAN DAN SARAN	Error! Bookmark not defined.
5.1 Kesimpulan.....	Error! Bookmark not defined.
5.2 Saran	Error! Bookmark not defined.
DAFTAR PUSTAKA.....	Error! Bookmark not defined.
LAMPIRAN.....	Error! Bookmark not defined.
RIWAYAT HIDUP	Error! Bookmark not defined.



DAFTAR TABEL

Tabel 3. 1 Desain Penilaian 4 skala likert.....	Error! Bookmark not defined.
Tabel 3. 2 Tingkat Risiko Berdasarkan Skor Akhir.....	Error! Bookmark not defined.
Tabel 3. 3 Tingkat kategori metode OWAS.....	Error! Bookmark not defined.
Tabel 3. 4 Penilaian Analisis Postur Kerja OWAS.....	Error! Bookmark not defined.
Tabel 4. 1 Data Operator Welding PT Starion Woon Indonesia.....	Error! Bookmark not defined.
Tabel 4. 2 Klasifikasi Kategori OWAS Operator 1.....	Error! Bookmark not defined.
Tabel 4. 3 Hasil Pengukuran Postur Tubuh dengan Metode OWAS	Error! Bookmark not defined.
Tabel 4. 4 Skor Indeks Keluhan otot Skeletal yang Paling Tinggi	Error! Bookmark not defined.
Tabel 4. 5 Distribusi Usia Operator Produksi Welding.....	Error! Bookmark not defined.
Tabel 4. 6 Distribusi Masa Kerja Operator Produksi Welding ..	Error! Bookmark not defined.
Tabel 4. 7 Klasifikasi Tingkat Risiko Otot Berdasarkan Total Skor Individu	Error! Bookmark not defined.
Tabel 4. 8 Hasil Perhitungan Nilai NBM dan Postur Kerja OWAS	Error! Bookmark not defined.

DAFTAR GAMBAR

Gambar 2. 1	Sistem Otot Rangka.....	Error! Bookmark not defined.
Gambar 2. 2	Struktur pembentuk tulang	Error! Bookmark not defined.
Gambar 2. 3	Klasifikasi sikap kerja bagian punggung	Error! Bookmark not defined.
Gambar 2. 4	Klasifikasi sikap kerja bagian lengan	Error! Bookmark not defined.
Gambar 2. 5	Klasifikasi sikap kerja bagian kaki..	Error! Bookmark not defined.
Gambar 2. 6	Klasifikasi Beban.....	Error! Bookmark not defined.
Gambar 2. 7	Peta tubuh manusia.....	Error! Bookmark not defined.
Gambar 2. 8	Kerangka Pemikiran	Error! Bookmark not defined.
Gambar 3.1	Prosedur Penelitian.....	Error! Bookmark not defined.
Gambar 4. 1	Logo Perusahaan	Error! Bookmark not defined.
Gambar 4. 2	Struktur Perusahaan.....	Error! Bookmark not defined.
Gambar 4. 3	Bagian <i>welding spot</i>	Error! Bookmark not defined.
Gambar 4. 4	Bagian <i>welding robot</i>.....	Error! Bookmark not defined.
Gambar 4. 5	Salah Satu Kegiatan Weding Spot...	Error! Bookmark not defined.
Gambar 4. 6	Rekapitulasi Skor NBM 15 Operator Produksi	Error! Bookmark not defined.
Gambar 4. 7	Tingkat Keluhan Operator Berdasarkan Metose OWAS	Error! Bookmark not defined.
Gambar 4. 8	Persentase Tingkat Risiko Otot Skeletal NBM	Error! Bookmark not defined.
Gambar 4. 9	Hasil <i>Correlation</i> Usia Terhadap Keluhan Otot Skeletal	Error! Bookmark not defined.
Gambar 4. 10	Hasil <i>Correlation</i> Masa Kerja Terhadap Keluhan Otot Skeletal	Error! Bookmark not defined.

DAFTAR LAMPIRAN

Lampiran 1	Area kerja Welding seatcross	Error! Bookmark not defined.
Lampiran 2	Area kerja Welding Rad upper	Error! Bookmark not defined.
Lampiran 3	Formulir OWAS pada Operator 1	Error! Bookmark not defined.
Lampiran 4	Formulir OWAS pada Operator 2	Error! Bookmark not defined.
Lampiran 5	Formulir OWAS pada Operator 3	Error! Bookmark not defined.
Lampiran 6	Formulir OWAS pada Operator 4	Error! Bookmark not defined.
Lampiran 7	Formulir OWAS pada Operator 5	Error! Bookmark not defined.
Lampiran 8	Formulir OWAS pada Operator 6	Error! Bookmark not defined.
Lampiran 9	Formulir OWAS pada Operator 7	Error! Bookmark not defined.
Lampiran 10	Formulir OWAS pada Operator 8 ..	Error! Bookmark not defined.
Lampiran 11	Formulir OWAS pada Operator 9 ..	Error! Bookmark not defined.
Lampiran 12	Formulir OWAS pada Operator 10	Error! Bookmark not defined.
Lampiran 13	Formulir OWAS pada Operator 11	Error! Bookmark not defined.
Lampiran 14	Formulir OWAS pada Operator 12	Error! Bookmark not defined.
Lampiran 15	Formulir OWAS pada Operator 13	Error! Bookmark not defined.
Lampiran 16	Formulir OWAS pada Operator 14	Error! Bookmark not defined.
Lampiran 17	Formulir OWAS pada Operator 15	Error! Bookmark not defined.
Lampiran 18	Formulir NBM Operator 1.....	Error! Bookmark not defined.
Lampiran 19	Formulir NBM Operator 2.....	Error! Bookmark not defined.
Lampiran 20	Formulir NBM Operator 3.....	Error! Bookmark not defined.
Lampiran 21	Formulir NBM Operator 4.....	Error! Bookmark not defined.
Lampiran 22	Formulir NBM Operator 5.....	Error! Bookmark not defined.
Lampiran 23	Formulir NBM Operator 6.....	Error! Bookmark not defined.
Lampiran 24	Formulir NBM Operator 7.....	Error! Bookmark not defined.
Lampiran 25	Formulir NBM Operator 8.....	Error! Bookmark not defined.
Lampiran 26	Formulir NBM Operator 9.....	Error! Bookmark not defined.
Lampiran 27	Formulir NBM Operator 10.....	Error! Bookmark not defined.
Lampiran 28	Formulir NBM Operator 11.....	Error! Bookmark not defined.
Lampiran 29	Formulir NBM Operator 12.....	Error! Bookmark not defined.

Lampiran 30 Formulir NBM Operator 13.....**Error! Bookmark not defined.**
Lampiran 31 Formulir NBM Operator 14.....**Error! Bookmark not defined.**
Lampiran 32 Formulir NBM Operator 15.....**Error! Bookmark not defined.**
Lampiran 33 Foto Postur Kerja Operator 1.....**Error! Bookmark not defined.**
Lampiran 34 Foto Postur Kerja Operator 2.....**Error! Bookmark not defined.**
Lampiran 35 Foto Postur Kerja Operator 3.....**Error! Bookmark not defined.**
Lampiran 36 Foto Postur Kerja Operator 4.....**Error! Bookmark not defined.**
Lampiran 37 Foto Postur Kerja Operator 5.....**Error! Bookmark not defined.**
Lampiran 38 Form Bimbingan Tugas Akhir.....**Error! Bookmark not defined.**
Lampiran 39 Uji Similarity**Error! Bookmark not defined.**
Lampiran 40 Lembar Pengecekan Abstraksi**Error! Bookmark not defined.**

