

DAFTAR ISI

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LEMBAR	PENGESAHAN
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BAB	I
.....	PENDAHULUAN
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A.	Latar Belakang	Masalah
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B.	Rumusan	Masalah
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C.	Tujuan	Penelitian
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D.	Manfaat	Penelitian
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1.	Manfaat	Teoritis
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2.	Manfaat	Praktis
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BAB II	TINJAUAN	PUSTAKA
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A.	Stres	Akademik
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1.	Pengertian Stres	Akademik
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2.	Aspek-aspek Stres	Akademik
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3.	Faktor-faktor yang mempengaruhi Stres	Akademik
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B.	<i>Self Regulated</i>	<i>Learning</i>
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1.	Pengertian <i>Self Regulated</i>	<i>Learning</i>
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2.	Aspek-aspek <i>Self Regulated</i>	<i>Learning</i>
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C. Kerangka Berpikir
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D. Hipotesis Penelitian
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BAB III METODE PENELITIAN
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A. Metode dan Desain Penelitian
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B. Definisi Operasional Penelitian
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1. Stres Akademik
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2. *Self Regulated Learning*
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C. Populasi dan Teknik Sampel
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1. Populasi
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2. Teknik Sampel
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D. Teknik Pengumpulan Data
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E. Metode Analisis Instrumen
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1. Validitas
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2.	Analisis	Aitem
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3.		Reliabilitas
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F.	Teknik	Analisis
		Data
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1.	Uji	Normalitas
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2.	Uji	Linearitas
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3.	Uji Hipotesis (Regresi	Sederhana)
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4.	Uji Koefisien	Determinasi
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5.	Uji	Kategorisasi
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BAB IV	HASIL PENELITIAN DAN PEMBAHASAN	
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A.	Prosedur dan Pelaksanaan	Penelitian
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1.	Orientasi Kancan	Penelitian
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2.	Populasi dan Sampel	Penelitian
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3.	Persiapan	Penelitian
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B.	Hasil	Analisis
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1.	Uji	Normalitas
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3.	Uji Hipotesis (Regresi Sederhana)	
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