

PROKRASINASI AKADEMIK PADA SISWA (STUDI DESKRIPTIF DI SMAN 1 CIAMPEL)

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ABSTRAK

Kondisi lingkungan belajar siswa sangat berpengaruh terhadap proses perkembangan belajar siswa di sekolah. Kegiatan belajar di sekolah atau sering disebut sebagai aktivitas akademik seperti belajar dan mengerjakan tugas dari guru .prokrastinasi sebagai sebuah penundaan atau menunda mengerjakan sesuatu tugas untuk beberapa waktu kedepan, sebab tugas tersebut dianggap berat, kurang menyenangkan dan menarik. Tujuan penelitian ini untuk mengetahui bagaimana tingkat perilaku prokrastinasi akademik pada siswa siswi SMAN 1 Ciampel. prokrastinasi sebagai sebuah penundaan atau menunda mengerjakan sesuatu tugas untuk beberapa waktu kedepan, sebab tugas tersebut dianggap berat, kurang menyenangkan dan menarik. Hipotesis alternatif (H_a) prokrastinasi akademik tidak sama dengan 75% di SMAN 1 Ciampel. Populasi penelitian dengan jumlah responden 400 orang. Penelitian menggunakan metode kuantitatif. Teknik pengambilan sampel yang digunakan total sampling (*Non-probability*) melalui google form dengan jawaban tertutup. berdasarkan hasil analisis data uji hipotesis terdapat 59,7% dan *one sample t-test* diperoleh dengan nilai signifikan $0.000 < 0.05$. kemudian uji kategorisasi terdapat kategori rendah berjumlah 301 orang untuk kategori sedang hasilnya tidak ada orang yang terindikasi memiliki tingkat prokrastinasi sedang, dan kategori tinggi sebanyak 44 orang.

Kata kunci: studi deskriptif, prokrastinasi akademik, siswa siswi sman 1 ciampel .

ACADEMIC PROCRASTINATION FOR STUDENTS (DESCRIPTION STUDY AT SMAN 1 CIAMPEL)

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ABSTRACT

The condition of the student learning environment is very influential on the process of student learning development at school. Learning activities at school or often referred to as academic activities such as learning and doing assignments from teachers. Procrastination is a delay or delay doing a task for some time in the future, because the task is considered heavy, less fun and interesting. The purpose of this study was to find out how the level of academic procrastination behavior in students of SMAN 1 Ciampel. procrastination as a delay or postponing doing a task for some time in the future, because the task is considered heavy, less fun and interesting. The alternative hypothesis (H_a) is that academic procrastination is not the same as 75% at SMAN 1 Ciampel. The research population with the number of respondents 400 people. The research uses quantitative methods. The sampling technique used is total sampling (Non-probability) via google form with closed answers. based on the results of the data analysis of hypothesis testing there were 59.7% and one sample t-test was obtained with a significant value of $0.000 < 0.05$. Then in the categorization test, there were 301 people in the low category for the medium category, the result was that there were no people indicated to have a moderate level of procrastination, and 44 people in the high category.

Keywords : *descriptive study, academic procrastination , students of SMAN 1 Ciampel .*