

DAFTAR ISI

LEMBAR PERSETUJUAN.....	Error! Bookmark not defined.
LEMBAR PENGESAHAN	Error! Bookmark not defined.
LEMBAR PERNYATAAN TIDAK MENCONTEK ATAU MELAKUKAN PLAGIAT.....	Error! Bookmark not defined.
ABSTRAK	Error! Bookmark not defined.
ABSTRACK	Error! Bookmark not defined.
KATA PENGANTAR	Error! Bookmark not defined.
DAFTAR ISI.....	viii
DAFTAR TABEL.....	xi
DAFTAR GAMBAR	xii
DAFTAR LAMPIRAN.....	xiii
BAB I PENDAHULUAN.....	Error! Bookmark not defined.
A. Latar Belakang.....	Error! Bookmark not defined.
B. Rumusan Masalah.....	Error! Bookmark not defined.
C. Tujuan Penelitian	Error! Bookmark not defined.
D. Manfaat Penelitian.....	Error! Bookmark not defined.
1. Manfaat Teoritis.....	Error! Bookmark not defined.
2. Manfaat Praktis	Error! Bookmark not defined.
BAB II LANDASAN TEORI	Error! Bookmark not defined.
A. Stres Akademik	Error! Bookmark not defined.
1. Pengertian Stres Akademik.....	Error! Bookmark not defined.
2. Aspek-aspek Stres Akademik	Error! Bookmark not defined.
3. Faktor-faktor yang mempengaruhi Stres Akademik..	Error! Bookmark not defined.
defined.	
B. <i>Self-regulated Learning</i>	Error! Bookmark not defined.
1. Definisi <i>Self-regulated Learning</i>	Error! Bookmark not defined.
2. Aspek-aspek <i>Self-regulated Learning</i>	Error! Bookmark not defined.
3. Proses-proses <i>Self-regulated Learning</i>	Error! Bookmark not defined.
4. Faktor-faktor yang mempengaruhi <i>self-regulated learning</i> .	Error! Bookmark not defined.
not defined.	

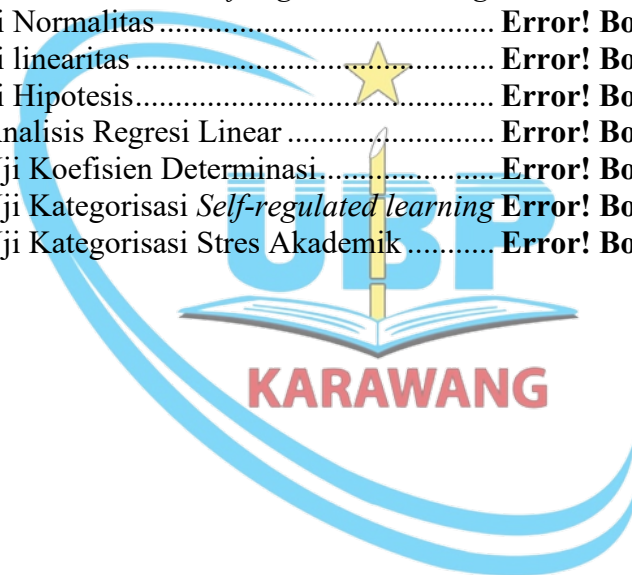
C. Kerangka Berpikir	Error! Bookmark not defined.
D. Hipotesis	Error! Bookmark not defined.
BAB III METODE PENELITIAN	Error! Bookmark not defined.
A. Metode dan Desain Penelitian	Error! Bookmark not defined.
B. Definisi Operasional	Error! Bookmark not defined.
1. Definisi Operasional dari stres akademik	Error! Bookmark not defined.
2. Definisi operasional <i>self-regulated learning</i> ..	Error! Bookmark not defined.
C. Populasi dan Teknik Sampel	Error! Bookmark not defined.
1. Populasi dan Sampel penelitian	Error! Bookmark not defined.
D. Teknik Pengumpulan Data	Error! Bookmark not defined.
E. Metode Analisis Instrumen	Error! Bookmark not defined.
1. Validitas	Error! Bookmark not defined.
2. Analisis item	Error! Bookmark not defined.
3. Reliabilitas	Error! Bookmark not defined.
F. Teknik Analisis Data	Error! Bookmark not defined.
1. Uji normalitas	Error! Bookmark not defined.
2. Uji linearitas	Error! Bookmark not defined.
3. Uji Hipotesis	Error! Bookmark not defined.
BAB IV HASIL PENELITIAN DAN PEMBAHASAN	Error! Bookmark not defined.
A. Prosedur dan Pelaksanaan Penelitian	Error! Bookmark not defined.
1. Orientasi Kancan Penelitian	Error! Bookmark not defined.
2. Populasi	Error! Bookmark not defined.
3. Persiapan Penelitian	Error! Bookmark not defined.
4. Validitas	Error! Bookmark not defined.
5. Analisis Aitem	Error! Bookmark not defined.
6. Reliabilitas	Error! Bookmark not defined.
B. Hasil Analisis Data	Error! Bookmark not defined.
1. Uji Normalitas	Error! Bookmark not defined.
2. Uji linearitas	Error! Bookmark not defined.
3. Uji Hipotesis	Error! Bookmark not defined.
C. Hasil Analisis Data Tambahan	Error! Bookmark not defined.

1. Uji Koefisien Determinasi	Error! Bookmark not defined.
2. Uji Kategorisasi	Error! Bookmark not defined.
D. Pembahasan Hasil Penelitian.....	Error! Bookmark not defined.
BAB V KESIMPULAN DAN SARAN	Error! Bookmark not defined.
A. Kesimpulan.....	Error! Bookmark not defined.
B. Saran	Error! Bookmark not defined.
DAFTAR PUSTAKA	Error! Bookmark not defined.
LAMPIRAN.....	Error! Bookmark not defined.
DAFTAR RIWAYAT HIDUP.....	Error! Bookmark not defined.



DAFTAR TABEL

Tabel 3. 1. Skala Likert	Error! Bookmark not defined.
Tabel 3. 2. Blueprint Skala Stres Akademik	Error! Bookmark not defined.
Tabel 3. 3. Blueprint Skala Self-Regulated Learning.	Error! Bookmark not defined.
Tabel 3. 4. Klasifikasi koefisien reliabilitas Guilford	Error! Bookmark not defined.
Tabel 4. 1. <i>Blueprint</i> Stres akademik	Error! Bookmark not defined.
Tabel 4. 2. Setelah Uji Coba (<i>try out</i>) stres akademik	Error! Bookmark not defined.
Tabel 4. 3. Skala <i>Self-Regulated Learning</i>	Error! Bookmark not defined.
Tabel 4. 4. Setelah uji coba (<i>Try out</i>) <i>self-regulated learning</i> ..	Error! Bookmark not defined.
Tabel 4. 5. Hasil Reliabilitas Stres Akademik.....	Error! Bookmark not defined.
Tabel 4. 6. Hasil Reliabilitas <i>Self-regulated learning</i>	Error! Bookmark not defined.
Tabel 4. 7. Uji Normalitas	Error! Bookmark not defined.
Tabel 4. 8. Uji linearitas	Error! Bookmark not defined.
Tabel 4. 9. Uji Hipotesis.....	Error! Bookmark not defined.
Tabel 4. 10. Analisis Regresi Linear	Error! Bookmark not defined.
Tabel 4. 11. Uji Koefisien Determinasi.....	Error! Bookmark not defined.
Tabel 4. 12. Uji Kategorisasi <i>Self-regulated learning</i>	Error! Bookmark not defined.
Tabel 4. 13. Uji Kategorisasi Stres Akademik	Error! Bookmark not defined.



DAFTAR GAMBAR

Gambar 2. 1. Faktor-faktor yang mempengaruhi *Self-regulated learning***Error! Bookmark not defined.**

Gambar 2. 2. Kerangka Berpikir **Error! Bookmark not defined.**



DAFTAR LAMPIRAN

- Lampiran 1.** Tabulasi Data Uji Coba Stres Akademik Y1 – Y25 dan No. 1 – 30 **Error! Bookmark not defined.**
- Lampiran 2.** Tabulasi Data Uji Coba dari X1 - X25 dan No. 1 - 26 **Error! Bookmark not defined.**
- Lampiran 3.** Tabulasi Data Penelitian Stres Akademik No 1-30 .. **Error! Bookmark not defined.**
- Lampiran 4.** Tabulasi Data Penelitian *Self-Regulated Learning* No 1-29..... **Error! Bookmark not defined.**
- Lampiran 5.** Uji Validitas Skala Stres Akademik **Error! Bookmark not defined.**
- Lampiran 6.** Uji Validitas Skala *Self-Regulated Learning*..... **Error! Bookmark not defined.**
- Lampiran 7.** Uji Reliabilitas dan Diskriminasi Item Stres Akademik..... **Error! Bookmark not defined.**
- Lampiran 8.** Uji Reliabilitas Dan Data Diskriminasi Item *Self-Regulated Learning* **Error! Bookmark not defined.**
- Lampiran 9.** Uji Normalitas **Error! Bookmark not defined.**
- Lampiran 10.** Uji Linieritas **Error! Bookmark not defined.**
- Lampiran 11.** Uji Regresi Linearitas Sederhana **Error! Bookmark not defined.**
- Lampiran 12.** Uji Koefisien Determinasi **Error! Bookmark not defined.**
- Lampiran 13.** Uji Kategorisasi Stres Akademik..... **Error! Bookmark not defined.**
- Lampiran 14.** Uji Kategorisasi *Self-regulated Learning* **Error! Bookmark not defined.**
- Lampiran 15.** Tabel Penentuan Jumlah Sampel dari Populasi Tertentu dengan Taraf Kesalahan 1,5, dan 10% **Error! Bookmark not defined.**
- Lampiran 16.** *Google Form* Skala 1 (Stres Akademik)..... **Error! Bookmark not defined.**
- Lampiran 17.** *Google Form* Skala 2 (*Self-regulated Learning*).... **Error! Bookmark not defined.**
- Lampiran 18.** Surat izin penelitian **Error! Bookmark not defined.**
- Lampiran 19.** Lembar konsultasi bimbingan skripsi **Error! Bookmark not defined.**
- Lampiran 20.** Lembar konsultasi bimbingan skripsi **Error! Bookmark not defined.**

