

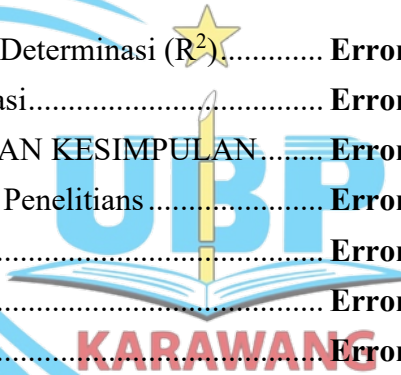
## DAFTAR ISI

LEMBAR PERSETUJUAN.....	<b>Error! Bookmark not defined.</b>
LEMBAR PENGESAHAN .....	<b>Error! Bookmark not defined.</b>
LEMBAR PERNYATAAN TIDAK MENCOTEK ATAU MELAKUKAN TINDAKAN PLAGIAT.....	<b>Error! Bookmark not defined.</b>
ABSTRAK.....	<b>Error! Bookmark not defined.</b>
<i>ABSTRACT</i> .....	<b>Error! Bookmark not defined.</b>
KATA PENGANTAR .....	<b>Error! Bookmark not defined.</b>
DAFTAR ISI.....	viii
DAFTAR TABEL.....	xi
DAFTAR GAMBAR.....	xii
DAFTAR LAMPIRAN.....	1
BAB I PENDAHULUAN.....	<b>Error! Bookmark not defined.</b>
1.1 Latar Belakang Masalah.....	<b>Error! Bookmark not defined.</b>
1.2 Rumusan Masalah .....	<b>Error! Bookmark not defined.</b>
1.3 Tujuan Penelitian.....	<b>Error! Bookmark not defined.</b>
1.4 Manfaat Penelitian.....	<b>Error! Bookmark not defined.</b>
BAB II TINJAUAN PUSTAKA.....	<b>Error! Bookmark not defined.</b>
2.1 Efikasi Diri .....	<b>Error! Bookmark not defined.</b>
2.1.1 Pengertian Efikasi Diri.....	<b>Error! Bookmark not defined.</b>
2.1.2 Faktor-faktor yang Mempengaruhi Efikasi Diri.....	<b>Error! Bookmark not defined.</b>
2.1.3 Aspek-Aspek Efikasi Diri .....	<b>Error! Bookmark not defined.</b>
2.1.4 Fungsi Efikasi Diri .....	<b>Error! Bookmark not defined.</b>
2.2 <i>Adversity Quotient</i> .....	<b>Error! Bookmark not defined.</b>
2.2.1 Pengertian <i>Adversity Quotient</i> .....	<b>Error! Bookmark not defined.</b>
2.2.2 Dimensi-Dimensi dalam <i>Adversity Quotient</i> .....	<b>Error! Bookmark not defined.</b>
2.2.3 Faktor-faktor yang Mempengaruhi <i>Adversity Quotient</i> .....	<b>Error! Bookmark not defined.</b>
2.3 Regulasi Diri.....	<b>Error! Bookmark not defined.</b>

2.3.1	Pengertian Regulasi Diri .....	<b>Error! Bookmark not defined.</b>
2.3.2	Aspek-Aspek Regulasi Diri .....	<b>Error! Bookmark not defined.</b>
2.3.3	Faktor-Faktor yang Mempengaruhi Regulasi Diri.....	<b>Error! Bookmark not defined.</b>
2.3.4	Proses regulasi diri .....	<b>Error! Bookmark not defined.</b>
2.4	Kerangka Berpikir .....	<b>Error! Bookmark not defined.</b>
2.5	Hipotesis.....	<b>Error! Bookmark not defined.</b>
BAB III METODE PENELITIAN .....		<b>Error! Bookmark not defined.</b>
3.1	Metode dan Desain Penelitian.....	<b>Error! Bookmark not defined.</b>
3.2	Definisi Operasional.....	<b>Error! Bookmark not defined.</b>
3.2.1	Efikasi Diri.....	<b>Error! Bookmark not defined.</b>
3.2.2	<i>Adversity Quotient</i> .....	<b>Error! Bookmark not defined.</b>
3.2.3	Regulasi Diri .....	<b>Error! Bookmark not defined.</b>
3.3	Populasi dan Teknik Sampel .....	<b>Error! Bookmark not defined.</b>
3.3.1	Populasi dan Sampel .....	<b>Error! Bookmark not defined.</b>
3.3.2	Teknik Sampel .....	<b>Error! Bookmark not defined.</b>
3.4	Teknik Pengumpulan Data .....	<b>Error! Bookmark not defined.</b>
3.4.1	Skala efikasi diri.....	<b>Error! Bookmark not defined.</b>
3.4.2	Skala <i>Adversity Quotient</i> .....	<b>Error! Bookmark not defined.</b>
3.4.3	Skala Regulasi Diri .....	<b>Error! Bookmark not defined.</b>
3.5	Metode Analisis Instrumen.....	<b>Error! Bookmark not defined.</b>
3.5.1	Uji Validitas .....	<b>Error! Bookmark not defined.</b>
3.5.2	Uji Analisis aitem.....	<b>Error! Bookmark not defined.</b>
3.5.3	Uji Reliabilitas .....	<b>Error! Bookmark not defined.</b>
3.6	Teknik Analisis Data .....	<b>Error! Bookmark not defined.</b>
3.6.1	Uji Normalitas.....	<b>Error! Bookmark not defined.</b>
3.6.2	Uji Linearitas.....	<b>Error! Bookmark not defined.</b>
3.6.3	Analisis Regresi Linear Berganda.....	<b>Error! Bookmark not defined.</b>
3.6.4	Uji Hipotesis .....	<b>Error! Bookmark not defined.</b>
3.6.5	Koefisien determinasi ( $R^2$ ).....	<b>Error! Bookmark not defined.</b>
3.6.6	Uji Kategorisasi.....	<b>Error! Bookmark not defined.</b>

**BAB IV HASIL PENELITIAN DAN PEMBAHASAN****Error! Bookmark not defined.**

4.1	Prosedur dan Pelaksanaan Penelitian .....	<b>Error! Bookmark not defined.</b>
4.1.1	Orientasi Kancah Penelitian.....	<b>Error! Bookmark not defined.</b>
4.1.2	Populasi.....	<b>Error! Bookmark not defined.</b>
4.1.3	Persiapan Penelitian .....	<b>Error! Bookmark not defined.</b>
4.2	Hasil Analisis Data.....	<b>Error! Bookmark not defined.</b>
4.2.1	Uji Normalitas.....	<b>Error! Bookmark not defined.</b>
4.2.2	Uji Linieritas .....	<b>Error! Bookmark not defined.</b>
4.2.3	Uji Hipotesis (Analisis Regresi Linear Berganda) <b>Error! Bookmark not defined.</b>	<b>Error! Bookmark not defined.</b>
4.2.4	Uji Koefisien Determinasi ( $R^2$ ).....	<b>Error! Bookmark not defined.</b>
4.2.5	Uji Kategorisasi.....	<b>Error! Bookmark not defined.</b>
<b>BAB V PEMBAHASAN DAN KESIMPULAN.....</b>		<b>Error! Bookmark not defined.</b>
5.1	Pembahasan Hasil Penelitian.....	<b>Error! Bookmark not defined.</b>
5.2	Kesimpulan.....	<b>Error! Bookmark not defined.</b>
5.3	Saran.....	<b>Error! Bookmark not defined.</b>
<b>DAFTAR PUSTAKA .....</b>		<b>Error! Bookmark not defined.</b>



## DAFTAR TABEL

Tabel 3.1 Distribusi Skor Aitem .....	37
Tabel 3.2 Rancangan Skala Efikasi Diri .....	38
Tabel 3.3 Rangan Skala <i>Adversity Quotient</i> .....	39
Tabel 3.4 Rancangan Skala Regulasi Diri.....	40
Tabel 3.5 Koefisien Reabilitas .....	45
Tabel 3.6 Tabel Kategorisasi.....	51
Tabel 4.1 <i>Blueprint</i> Efikasi Diri (Setelah Uji Coba).....	57
Tabel 4. 2 <i>Bluepirnt Adversity Quotient</i> (Setelah Uji Coba) .....	58
Tabel 4. 3 <i>Blueprint</i> Regulasi Diri (Setelah Uji Coba).....	59
Tabel 4. 4 Tabel <i>Reliability Statistics Adversity Quotient</i> .....	60
Tabel 4. 5 Tabel <i>Reliability Statistics Efikasi Diri</i> .....	60
Tabel 4. 6 Tabel <i>Reliability Statistics Regulasi Diri</i> .....	61
Tabel 4. 7 Tabel Uji Normalitas.....	62
Tabel 4. 8 Tabel Uji Linieritas Efikasi Diri Terhadap Regulasi Diri.....	63
Tabel 4. 9 Tabel Uji Linieritas <i>Adversity Quotient</i> Terhadap Regulasi Diri .....	63
Tabel 4. 10 Uji Regresi Linier Berganda .....	64
Tabel 4. 11 Tabel Uji Signifikansi Secara Simultan .....	66
Tabel 4. 12 Uji Koefisien Determinasi .....	67
Tabel 4. 13 Tabel Kategorisasi Skala Konsep Diri .....	68
Tabel 4. 14 Tabel Kategorisasi Skala <i>Adversity Quotient</i> .....	69
Tabel 4. 15 Tabel Kategorisasi Skala Regulasi Diri .....	70

## DAFTAR GAMBAR

Gambar 2. 1 Alur Kerangka Berpikir..... **Error! Bookmark not defined.**



**DAFTAR LAMPIRAN**

**LAMPIRAN A Skala Penelitian Sebelum Uji Coba . Error! Bookmark not defined.**

**Error! Reference source not found.....Error! Bookmark not defined.**

**Error! Reference source not found.....Error! Bookmark not defined.**

**Error! Reference source not found.....Error! Bookmark not defined.**

**LAMPIRAN B Skala Penelitian Setelah Uji Coba.... Error! Bookmark not defined.**

**Error! Reference source not found.....Error! Bookmark not defined.**

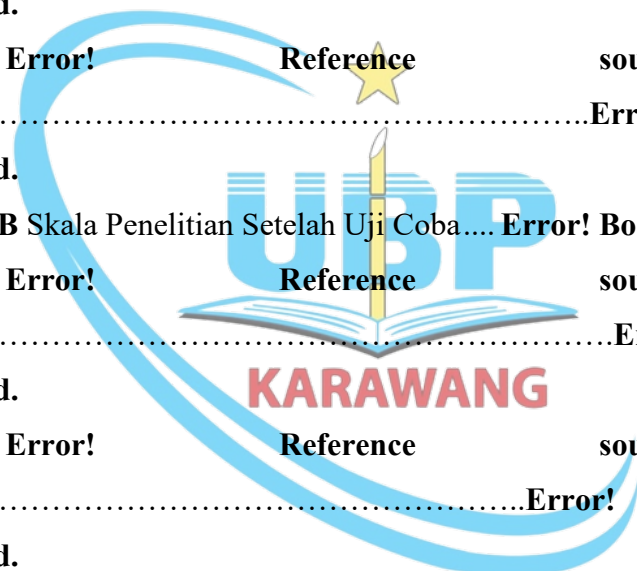
**Error! Reference source not found.....Error! Bookmark not defined.**

**Error! Reference source not found.....Error! Bookmark not defined.**

**LAMPIRAN C Data Uji Coba Skala Penelitian..... Error! Bookmark not defined.**

**Error! Reference source not found.....Error! Bookmark not defined.**

**Error! Reference source not found.....Error! Bookmark not defined.**



**Error! Reference source not found.....Error! Bookmark not defined.**

**LAMPIRAN D Uji Validitas dan Reliabilitas Skala PenelitianError! Bookmark not defined.**

**Error! Reference source not found.....Error! Bookmark not defined.**

**Error! Reference source not found.....Error! Bookmark not defined.**

**Error! Reference source not found.....Error! Bookmark not defined.**

**LAMPIRAN E Data Penelitian..... Error! Bookmark not defined.**

**Error! Reference source not found.....Error! Bookmark not defined.**

**Error! Reference source not found.....Error! Bookmark not defined.**

**Error! Reference source not found.....Error! Bookmark not defined.**

**LAMPIRAN F Analisis Data Penelitian..... Error! Bookmark not defined.**

**Error! Reference source not found.....Error! Bookmark not defined.**

**Error! Reference source not found.....Error! Bookmark not defined.**

**Error! Reference source not found.....Error! Bookmark not defined.**

**Error! Reference source not found.....Error! Bookmark not defined.**

**Error! Reference source not found.....Error! Bookmark not defined.**

**LAMPIRAN G Lain-lain.....Error! Bookmark not defined.**

**Error! Reference source not found.....Error! Bookmark not defined.**

**Error! Reference source not found.....Error! Bookmark not defined.**

