

ABSTRAK

Penelitian ini bertujuan untuk mengetahui hubungan mengenai *leader member exchange* terhadap stres kerja pada karyawan PT Furukawa Indonesia. Pengumpulan data menggunakan skala *leader member exchange* dan skala stres kerja yang diberikan kepada 114 karyawan PT Furukawa Indonesia. Skala *leader member exchange* terdiri dari 33 aitem yang mengacu pada 4 aspek *leader member exchange* dari Pranata. Sedangkan skala stres kerja terdiri dari 37 aitem yang mengacu pada 4 aspek stressor dan reaksi terhadap stressor dari Ekawarna. Analisis data menggunakan teknik analisis koefisien *korelasi Pearson Product Moment*. Hasil penelitian menunjukkan bahwa persepsi leader member exchange memberikan kontribusi positif yang artinya semakin rendah persepsi *leader member exchange* maka semakin tinggi stres kerja, dan semakin tinggi persepsi *leader member exchange* maka semakin rendah stres kerja. Besarnya nilai koefisien korelasi terhadap stres kerja sebesar 0,741%, sehingga dapat diartikan bahwa terjadinya stres kerja dipengaruhi oleh *leader member exchange*.

Kata Kunci : Persepsi Leader Member Exchange, Stres Kerja.



ABSTRACT

This study aims to determine the relationship between leader-member exchange and work stress on employees of PT Furukawa Indonesia. The data collection used the leader-member exchange scale and the work stress scale given to 114 employees of PT Furukawa Indonesia. The leader-member exchange scale consists of 33 items which refer to the four aspects of the leader-member exchange of the Institution. While the work stress scale consists of 37 items which refer to 4 aspects of stressors and reactions to stressors from Ekawarna. The data analysis used the Pearson Product Moment correlation coefficient analysis technique. The results showed that the perception of leader-member exchange made a positive contribution, which means that the lower the perception of leader member exchange, the higher the work stress, and the higher the perception of leader-member exchange, the lower the work stress. The value of the correlation coefficient on work stress is 0.741%, it means that the occurrence of work stress is influenced by the leader-member exchange.

Keywords: Perception of Leader-Member Exchange, Job Stress.

