

PENGARUH KONTROL DIRI TERHADAP AGGRESSIVE DRIVING PADA ANGGOTA *CLUB* SEPEDA MOTOR HONDA CB150R DI KABUPATEN KARAWANG

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ABSTRAK

Angka kecelakaan lalu lintas pada pengemudi sepeda motor semakin meningkat di Indonesia. Salah satu penyebabnya adalah human error. Perilaku *aggressive driving* disinyalir membahayakan kontribusi utama pada peningkatan angka kecelakaan tersebut. Dengan pengendalian diri yang baik, perilaku *aggressive driving* bisa dikurangi. Tujuan penelitian ini adalah untuk mengetahui pengaruh kontrol diri terhadap perilaku *aggressive driving* pada anggota *Club* sepeda motor Honda CB150R di Kabupaten Karawang. Jenis penelitian ini adalah kuantitatif asosiatif dengan populasi sebanyak 135 orang dan teknik pengambilan sampel menggunakan *nonprobability sampling*. Instrumen dalam penelitian ini menggunakan skala kontrol diri dan skala perilaku *aggressive driving*. Hasil penelitian ini menunjukkan bahwa kontrol diri berpengaruh negatif terhadap perilaku *aggressive driving*, dengan nilai $r = -0,179$ dan $p = 0,00$; $p < 0,01$. Artinya, semakin tinggi kontrol diri maka akan semakin rendah perilaku *aggressive driving*, begitu pula sebaliknya. Pengaruh efektif kontrol diri terhadap perilaku *aggressive driving* sebesar 17,9% yang artinya masih ada 82,1% perilaku *aggressive driving* dipengaruhi oleh variabel lain.

Kata kunci : Kontrol Diri, *Aggressive Driving*

***The Influence Of Self-Control On Aggressive Driving Among The Honda
CB150R Motorcycle Club Members In Karawang Regency***

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ABSTRACT

The number of traffic accidents on motorcyclists increased in Indonesia. One possible cause was human error. Aggressive driving behavior was allegedly contributed to the increase in the number of these accidents. With good self-control, aggressive driving behavior can be reduced. This study aimed to examine the relationship between self-control toward aggressive driving behavior on the Honda CB150R motorcycle Club in Karawang regency. The research design was associative quantitative with a population of 135 people. The sampling technique used nonprobability sampling. The instrument in this study used a self-control scale and an aggressive driving scale. The results of this study indicated that self-control harms aggressive driving behavior, with $r = -0.537$ and $p = 0.00$; $p < 0.01$. That was, the higher the self-control, the lower the aggressive driving behavior, vice versa. The effect of self-control on aggressive driving behavior is 17.9%, which means that 82.1% of aggressive driving behavior is influenced by other variables.

Keywords : Self-Control, Aggressive Driving